What is claimed is:

- 1. A portable barricade comprising:
- a barricade frame;
- a first beam; and
- a first connector that connects the first beam to the barricade frame such that the first beam can be moved between a non-extended position and an extended position,

wherein the first beam extends horizontally outward from the barricade frame in the extended position.

- 2. The portable barricade of claim 1, wherein the barricade frame includes a surface that displays a cautionary image.
- 3. The portable barricade of claim 2, wherein the cautionary image is selected from a group consisting of a reflective surface, a graphic image, and verbal information.
- 4. The portable barricade of claim 1, wherein the barricade frame includes two support members connected together at upper portions of the two support members such that the two support members can move from a folded position to an unfolded position by moving lower portions of the two support members away from one another.
- 5. The portable barricade of claim 1, wherein the barricade frame includes a vertical base member and two lateral base members connected to the vertical base member such that the two lateral base members can move from a folded position to an unfolded position in which the two horizontal members extend horizontally outward from the vertical base member.
- 6. The portable barricade of claim 1, wherein the first connector includes a hinge structure that hingedly connects an end portion of the first beam to the barricade frame.

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- 7. The portable barricade of claim 1, wherein the first connector includes a sliding structure that slidably connects the first beam to the barricade frame.
- 8. The portable barricade of claim 7, wherein the first beam, in the non-extended position, is disposed partially within a recess in the barricade frame.
- 9. The portable barricade of claim 8, wherein the first beam, in the non-extended position, is disposed completely within in the barricade frame.
- 10. The portable barricade of claim 7, wherein the first beam, in the non-extended position, is disposed over at least a portion of the barricade frame.
- 11. The portable barricade of claim 1, wherein the first beam, in the non-extended position, is disposed vertically and housed substantially within a recess in the barricade frame, and wherein the first beam is configured to be removed from the barricade frame and moved into the extended position by inserting at least a portion of the first beam horizontally into the barricade frame.
 - 12. The portable barricade of claim 1, further comprising a second beam.
- 13. The portable barricade of claim 12, wherein when the first and second beams are in the extended positions, they extend in substantially opposite directions from the barricade frame.
- 14. The portable barricade of claim 12, wherein the first beam includes a first mating device at an outer end, wherein the second beam includes a second mating device at an outer end, and wherein the first mating device is adapted to receive the second mating device of an adjacent portable barricade.
- 15. A method of inhibiting access to a predetermined location, the method comprising the steps of:

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providing a first portable barricade including a barricade frame, a first beam, and a first connector that connects the first beam to the barricade frame such that the first beam can be moved between a non-extended position and an extended position, wherein the first beam extends horizontally outward from the barricade frame in the extended position;

moving the first beam to the extended position to inhibit access to the predetermined location.

- 16. The method of claim 15, wherein the first beam is moved to the extended position by rotating the first beam.
- 17. The method of claim 15, wherein the first beam is moved to the extended position by sliding the first beam horizontally.
- 18. The method of claim 15, wherein the first beam is moved to the extended position by moving the first beam vertically to remove it from a first portion of the barricade frame and moving the first beam horizontally to insert it into a second portion of the barricade frame.
- 19. The method of claim 15, wherein the portable barricade includes a second beam and a second connector that connects the second beam to the barricade frame such that the second beam can be moved between a non-extended position and an extended position, wherein the second beam extends horizontally outward from the barricade frame in the extended position, and wherein the method further comprises the step of:
 - moving the second beam to the extended position to inhibit access to the predetermined location, wherein the first and second beams extend in substantially opposite directions from the barricade frame.
 - 20. The method of claim 15, further comprising the steps of:
 - providing a second portable barricade including a barricade frame, a first beam, and a first connector that connects the first beam to the barricade frame such that the first beam can be moved between a non-extended position and an extended

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position, wherein the first beam extends horizontally outward from the barricade frame in the extended position; and

moving the first beam of the second portable barricade to the extended position to inhibit access to the predetermined location; and

connecting the first beam of the first portable barricade to the first beam of the second portable barricade.